

# WHAT YOU SHOULD KNOW ABOUT INTIMATE CONTACT AND MONKEYPOX

Monkeypox is a rare disease that has recently been reported in California and Los Angeles County.

## How is monkeypox spread?

Monkeypox can spread when a person has close contact with a person infected with monkeypox virus or when a person comes in contact with materials (e.g., bedding, towels) that are contaminated with the virus. The monkeypox virus can also spread from animals to people.



## The monkeypox virus can spread by:

- Touching monkeypox lesions on a person's skin
- Touching contaminated objects, fabrics (clothing, bedding, towels), and surfaces that have been in contact with someone with monkeypox
- Coming into contact with respiratory droplets or secretions from the eyes, nose and mouth from a person with monkeypox

## To prevent the spread of the monkeypox virus, persons should avoid:

- Oral, anal, and vaginal sex, or touching the genitals or anus of someone with monkeypox
- Hugging, massaging, kissing, or talking closely with someone with monkeypox
- Touching shared fabrics, shared surfaces, and objects (e.g. sex toys) used by someone with monkeypox

## Signs of monkeypox



**Fever & Headaches**



**Swollen Lymph Nodes**



**Muscle Aches**



**Rash, Bumps, Or Blisters**

## Lower Your Risk of Spreading Monkeypox

If you or your partner have recently been sick, currently feel sick, or have a new or an unexplained rash or sores, avoid physical and intimate contact and see a healthcare provider. Do not share things like sheets, towels, clothing, sex toys, and toothbrushes.



**IF YOU THINK YOU MAY HAVE MONKEYPOX, PLEASE CONTACT YOUR HEALTHCARE PROVIDER.**

**IF YOU DON'T HAVE A PROVIDER OR HEALTH INSURANCE, CALL 2-1-1 OR VISIT A PUBLIC HEALTH SEXUAL HEALTH CLINIC NEAR YOU.**

**SCAN HERE TO FIND A SEXUAL HEALTH CLINIC**



**For more information on Monkeypox, visit:** [ph.lacounty.gov/media/Monkeypox/](https://ph.lacounty.gov/media/Monkeypox/)



COUNTY OF LOS ANGELES  
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